



## NONDISCRIMINATION AND ACCESSIBILITY STATEMENT AND NOTICE

### DISCRIMINATION IS AGAINST THE LAW

Littleton Regional Healthcare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Littleton Regional Healthcare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Littleton Regional Healthcare:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Cynthia Martin. If you believe that Littleton Regional Healthcare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, contact Quality Services Department:

Cynthia Martin  
ADA Contact  
Littleton Regional Healthcare  
600 St. Johnsbury Road  
Littleton, NH 03561  
603-444-9597  
[QualityServiceDept@lrhcares.org](mailto:QualityServiceDept@lrhcares.org)

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1.800.368.1019  
800.537.7697 (TDD)

Complaint forms are available at: <http://www.hhs.gov/ocr/office/file/index.html>