Gastroenterology Department

EGD Prep Instructions

Date of Procedure: _____

Scheduled Test Time: SDS will be calling 1-2 days prior to procedure to schedule your time.

Please read the following instructions carefully.

Make arrangements to have someone drive you home after the procedure. This is necessary because of the sedation you will be given for the examination. You are not permitted to drive at any time following the procedure. You may resume driving the following day. You must have arrangements to have a friend or family member stay with you the day of the procedure and take you home after the examination. You will not be allowed to leave the facility unaccompanied.

Make a conscious effort to drink as much as you can before, during and after the preparation in order to avoid dehydration.

<u>**General Medication Instructions:**</u>

<u>**Always consult your prescribing physician before making any changes to your medications.**</u>

- If applicable to you, please take your heart, blood pressure, or asthma medications with a sip of water 4 hours prior to your procedure.

- If applicable to you do not take oral diabetes medication the morning of the procedure. If you are diabetic who takes insulin, you are instructed to contact your prescribing physician for necessary insulin dosing adjustments.

- Blood-thinning medications (such as Coumadin, Eliquis, Xarelto, Ticlid, Plavix, Persantine, Aggrenox and Lovenox) may need to be discontinued prior to your procedure. Please contact your prescribing physician for instructions well in advance; you may need to be off these drugs up to **5 days prior to your scheduled procedure**.

- Unless prescribed by your physician, please avoid the following medications if possible: Aspirin and Aspirin products (e.g. Alka-Selzer, BC Powder, etc.) or non-steroidal and anti-Inflammatory drugs (e.g. Ibuprofen, Nuprin, Advil, Motrin, Fish Oil, etc.) for **five days prior to your scheduled procedure.**

- Do not take iron pills for **7 days prior to your scheduled procedure.**